

Sedona College of Natural Health

928-203-4998

www.sedonacollege.com

Lymphatic Balancing/ Massage Cupping™ Intensive

Sedona, Arizona

32 CE's

NCBTMB Provider # 312464-00

Beth-ellen Zang LMT,AHE

Founder & Director Sedona College of Natural Health

**Level 1 August 28-31, 2010 at the
Montana School of Massage**

1629 South Ave. West / Missoula, MT 549-9244

AGENDA

Incredible therapies that can be added into any massage / healing modality. This 32 CE course includes education in theory and application of **Massage Cupping & Lymphatic Balancing**, along with demonstration of techniques and treatments.

Massage Cupping greatly enhances the benefits of massage, decreases strain on the practitioner, and increases revenues through "add-on" services. for more info www.massagecupping.com

Lymphatic Balancing is a remarkable course that integrates proper hydration and simple quick techniques to open & balance the deep lymphatic pathways in concert with any other treatment protocol.

for more info www.sedonacollege.com

This ancient technique has been adapted for bodywork and is powerfully therapeutic for many conditions. **Massage Cupping** is effective in relieving chronic pain at old injury sites and also addresses conditions such as: Fibromyalgia, diabetes, pre- and post-op edema and inflammation, chronic edema, scar tissue and adhesions, and cellulite. This versatile technique mimics massage movements ranging from deep tissue and myofascial release to the light pumping movements of **lymphatic drainage**. Used regularly, **Massage Cupping** is a terrific approach to promoting wellness for our clients and ourselves.

This 4-day workshop is fun and informative, with plenty of hands-on activity. Don't miss this opportunity to add **Massage Cupping & Lymphatic Balancing**, two of the most valuable and versatile healing modalities available, to your "toolbox."

32 CE's awarded upon completion of the full workshop and a course evaluation.

\$495.00 for 4 day course \$445.00 early registration... Go to www.sedonacollege.com to register.